

Species	Common name	Color	Bloom time	Sun exposure	Soil conditions	Picture/Description	Comments
Achillea millefolium	Yarrow	White	Mid/late summer	Full sun	Dry, average	https://plants.ces.ncsu.edu/plants/achilleamillefolium/	Drought and salt tolerant; deer resistant; spreads rapidly by root and seed; foliage makes lovely, ferny groundcover if mowed
Agastache Foeniculum	Anise Hyssop	Blue/Purple	Mid/late summer	Full sun	Dry, average	https://plantfinder.nativeplanttrust.org/planet/Agastache-foeniculum	Drought tolerant; deer and rabbit resistant; attracts many species of pollinators
Allium cernuum	Nodding Onion	White	Summer	Full sun	Dry, average	https://plantfinder.nativeplanttrust.org/planet/Allium-cernuum	Drought tolerant; deer and rabbit resistant; attracts many species of pollinators; not native to New England
Anemone virginiana	Tall windflower, aka Thimbleweed	White	Late summer	Sun, part shade	Dry, Average	https://plantfinder.nativeplanttrust.org/planet/Anemone-virginiana	Will spread to form a large clump; drought tolerant; rabbit and deer resistant
Aquilegia canadensis	Columbine	Red/orange	Spring	Part shade,	Dry, average	https://plantfinder.nativeplanttrust.org/planet/Aquilegia-canadensis	Provides spring nectar to insects and hummingbirds; host plant to American Lady Butterfly caterpillar
Aruncus dioicus	Goatsbeard	White	Spring, early summer	Part shade	Average, wet	https://plantfinder.nativeplanttrust.org/planet/Aruncus-dioicus	Attracts many bees and butterflies; not native to CT
Asclepias incarnata	Swamp milkweed	Pale pink	Summer	Sun, part shade	average, wet	https://plantfinder.nativeplanttrust.org/planet/Asclepias-incarnata	Host plant to Monarch Butterfly caterpillars; attracts many species of pollinators; deer and rabbit resistant
Asclepias tuberosa	Butterfly weed	Orange	Summer	Sun	Average, dry	https://plantfinder.nativeplanttrust.org/planet/Asclepias-tuberosa	Host plant to Monarch Butterfly caterpillars; attracts many species of pollinators; deer and rabbit resistant
Baptisia australis	False Indigo	Blue/purple	Summer	Sun	Average, dry	https://plantfinder.nativeplanttrust.org/planet/Baptisia-australis	Attracts bees and butterflies; drought tolerant; not native to CT
Carex plantaginea	Plantain sedge	n/a	Spring	Part shade/shade	Average, wet	https://plantfinder.nativeplanttrust.org/planet/Carex-plantaginea	Deer and rabbit resistant; interesting texture for shady garden; semi-evergreen foliage
Chelone glabra	White Turtlehead	White	Fall	Sun, part shade	Wet	https://plantfinder.nativeplanttrust.org/planet/C_helone-glabra	Deer and rabbit resistant; host plant for the Baltimore checkerspot butterfly caterpillar
Clematis virginiana	Virgin's Bower	White	Mid/late summer	Sun, part shade	Average, wet	https://plantfinder.nativeplanttrust.org/planet/Cl_ematis-virginiana	An alternative to the invasive fall blooming clematis as it looks very similar; can be used on fences or trellises or as ground cover

Conoclinium coelestinum	Blue mist Flower	Purple	Late summer/fall	Sun, part shade	average, wet	https://plantfinder.nativeplanttrust.org/plan t/C_onoclinium-coelestinum	Long blooming; makes a good cut flower; deer resistant
Coreopsis lanceolata	Tickseed	Yellow	Summer	Sun	Average, wet	https://plants.ces.ncsu.edu/plants/coreopsis -lanceolata/	Bright yellow daisy-like flower; deer, drought resistant
Dicentra eximia	Wild Bleeding Heart	Pink	Spring, reblooms	Part sun, shade	Average, dry	https://plantfinder.nativeplanttrust.org/plan t/Dicentra-eximia	Will self-sow and rebloom throughout the season; not native to CT
Echinacea purpurea	Purple coneflower	Purple/pink	Mid/late summer	Sun	Average	https://plants.ces.ncsu.edu/plants/echinace a-purpurea/	Butterflies and bees will visit the flowers; birds (especially goldfinches) value the seeds
Eryngium yuccifolium	Rattlesnake Master	White	Summer	Sun	Average, dry	https://plantfinder.nativeplanttrust.org/plan t/Eryngium-yuccifolium	Unique pointy leaves, thistle-like globe flowers; drought tolerant; not native to CT
Eupatorium hyssopifolium	Hyssop-leaved Boneset	White	Mid/late summer	Sun, part shade	Average, dry	https://plantfinder.nativeplanttrust.org/plan t/Eupatorium-hyssopifolium	Host plant to numerous native bees and butterflies; drought and salt tolerant; deer and rabbit resistant
Eupatorium perfoliatum	Boneset	White	Late summer	Sun, part shade	Average, wet	https://plants.ces.ncsu.edu/plants/eupatori um-perfoliatum/common-name/american- boneset/	Forms a large clump of white flowers attractive to native bees and butterflies
Eurybia divaricata	White Wood Aster	White	Late summer/fall	Sun, Shade	Average, dry	https://plantfinder.nativeplanttrust.org/plan t/Eurybia-divaricata	Thrives in shade or sun, tolerant of acidic forest soils; good fall pollen/nectar source; seeds attract songbirds; pairs well with wreath goldenrod
Fragaria virginiana	Wild Strawberry	White	Spring	Sun, part shade	Dry, average	https://plantfinder.nativeplanttrust.org/plan t/Fr_agaria-virginiana	Fast spreading groundcover; early source of pollen and nectar; berries are tasty for animals, birds and humans
Gentiana clausa	Bottle Gentian	Purple	Late summer, fall	Part shade	Average, wet	https://plantfinder.nativeplanttrust.org/plan t/Gentiana-clausa	Long blooming; attractive to bees
Helenium autumnale	Sneezeweed	Yellow	Late summer	Part shade	Average	https://plantfinder.nativeplanttrust.org/plan t/H_elenium-autumnale	Attracts bees, butterflies and songbirds;
Helianthus angustifolius	Narrow Leaf Sunflower	Yellow	Late summer	Sun, part shade	Average, wet	https://plants.ces.ncsu.edu/plants/helianthu s-angustifolius/	Host plant to 50 pollen specialist bees; attracts butterflies and moths; song birds will eat the seeds; not native to CT
Heliopsis helianthoides	Oxeye	Yellow	Summer	Sun, part shade	Dry, average	https://plantfinder.nativeplanttrust.org/plan t/H_eliopsis-helianthoides	Important host plant for native moths and butterflies; drought tolerant; deer and rabbit resistant

Heuchera americana	Coral bells	Pink	Early summer	Part shade, shade	Dry, average	https://plantfinder.nativeplanttrust.org/plan t/Heuchera-americana-var-americana	Good ground cover for dry shade; flowers will attract hummingbirds
Hibiscus moscheutos	Swamp mallow	White/pale pink	Late summer	Sun	wet, average	https://plantfinder.nativeplanttrust.org/plan t/Hi biscus-moscheutos	Will become a large shrub; very late to emerge in spring; attracts bees, butterflies and songbirds; salt tolerant
Iris cristata	Dwarf Crested Iris	Blue/purple	Spring	Sun, part shade	Dry, average	https://plantfinder.nativeplanttrust.org/plan t/Iris-cristata	Drought tolerant; deer and rabbit resistant; will form a dense mat
Iris versicolor	Blue Flag Iris	Blue/purple	Early summer	Sun, part shade	wet, average	https://plantfinder.nativeplanttrust.org/plan t/Iri s-versicolor	Does best where soil does not dry out; deer resistant
Liatris spicata	Gay feather	Purple	Summer	Sun, part shade	average	https://plantfinder.nativeplanttrust.org/plan t/Li atris-spicata	Attracts butterflies; drought tolerant; not native to CT
Lobelia cardinalis	Cardinal flower	Red	Summer	Sun, part shade	Average, wet	https://plantfinder.nativeplanttrust.org/plan t/Lobelia-cardinalis	A hummingbird favorite; deer and rabbit resistant; will not tolerate dry soil
Lobelia siphilitica	Great blue lobelia	Blue	Summer	Sun, part shade	average, wet	https://plantfinder.nativeplanttrust.org/plan t/Lo belia-siphilitica	Prefers moist soil but is drought tolerant; deer and rabbit resistant
Monarda fistulosa	Wild Bergamot	Pink	Summer	Sun	Average	https://plantfinder.nativeplanttrust.org/plan t/Monarda-fistulosa	Host plant to many native bees and butterflies; fragrant foliage; deer and rabbit resistant
Monarda punctata	Spotted Bee Balm	Pink	Summer	Sun, part shade	Average	https://plantfinder.nativeplanttrust.org/plan t/Monarda-punctata	Unique flower form; attracts many native bees, moths and butterflies; drought tolerant; deer and rabbit resistant
Nabalus albus	White Rattlesnake Root	White	Summer	Shade	Average, moist	https://gobotany.nativeplanttrust.org/specie s/nabalus/albus/	Woodland species; prefers moist, well drained soils such as are found in CT forests
Oclemena acuminata	Mountain Aster	White	Late summer, fall	Sun, part shade	Average	https://plants.ces.ncsu.edu/plants/oclemen a-acuminata/	Tolerates shade, blooms best in full sun; prefers well drained, slightly acidic soil
Panicum virgatum	Switchgrass	n/a	n/a	Sun	Dry, average	https://plantfinder.nativeplanttrust.org/plan t/Panicum-virgatum	Host plant to many pollinators; birds eat the seeds
Penstemon digitalis	Foxglove Beardtongue	White	Spring	Sun, part shade	Average, dry	https://plantfinder.nativeplanttrust.org/plan t/Penstemon-digitalis	Attracts hummingbirds and many bees; drought tolerant
Penstemon digitalis 'Husker Red'	Foxglove Beardtongue	Pale pink/purple	Spring	Sun, part shade	Dry, average	https://plantfinder.nativeplanttrust.org/plan t/Pe nstemon-digitalis-Husker-Red-Improved	Attracts hummingbirds and many bees; drought tolerant; maroon foliage persists into winter

Phlox divaricata	Woodland phlox	Purple	Spring	Shade	Average	https://plantfinder.nativeplanttrust.org/plan t/Phlox-divaricata	Fragrant, low maintenance groundcover for shade
Pycnanthemum muticum	Broad Leaf Mountain Mint	White	Summer	Sun, part shade	Average, moist	https://plantfinder.nativeplanttrust.org/plan t/Pycnanthemum-muticum	Leaves have a strong mint fragrance; attracts bees and butterflies; can spread aggressively
Rudbeckia laciniata	Cutleaf Coneflower	Yellow	Summer	Sun	Average, wet	https://plantfinder.nativeplanttrust.org/plan t/Rudbeckia-laciniata	Deer and rabbit resistant; attracts butterflies, songbirds and bees; host plant to more than 25 pollen specialist bees; can form a large colony
Rudbeckia triloba	Brown-eyed Susan	Yellow	Late summer	Sun, part shade	Average	https://plantfinder.nativeplanttrust.org/plan t/Rudbeckia-triloba	Deer and rabbit resistant; drought tolerant; short lived perennial will readily self-sow
Senna hebecarpa	Wild senna	Yellow	summer	sun, part shade	dry, average	https://plantfinder.nativeplanttrust.org/plan t/Se nna-hebecarpa	Will form a large colony; deer and rabbit resistant; salt tolerant; listed as a "Species of Concern" in CT
Schizachyrium scoparium	Little Bluestem	n/a	Summer	Sun, part shade	Dry, average	https://plantfinder.nativeplanttrust.org/plan t/Schizachyrium-scoparium	Blue-green foliage; drought and salt tolerant; seedheads persist into winter and attract birds
Solidago caesia	Wreath goldenrod	Gold	Late summer, fall	Part shade, shade	Average, dry	https://plantfinder.nativeplanttrust.org/plan t/So lidago-caesia	A great addition to a dry shade garden; drought tolerant; Goldenrods are considered "Pollinator Powerhouses" and support more than 40 pollen specialist bees
Solidago odora	Sweet goldenrod	Gold	Late summer, fall	sun, part shade	dry, average	https://plantfinder.nativeplanttrust.org/plan t/So lidago-odora	Fragrant foliage; "Pollinator Powerhouse"; does not spread as aggressively as some goldenrod species
Symphiotrichum ericoides	Heath Aster	Yellow/white	Late summer, fall	Full sun	Average, dry	https://plants.ces.ncsu.edu/plants/symphyo trichum-ericoides/	Masses of tiny white, daisy-like flowers; attracts many bees; deer resistant; drought tolerant
Symphotrichum novae-angliae	New England Aster	Blue/purple	Late summer/ fall	Sun, part shade	Average, wet	https://plantfinder.nativeplanttrust.org/plan t/Symphotrichum-novae-angliae	Fall pollen and nectar source; attracts songbirds; drought tolerant
Symphotrichum novae-belgii	New York Aster	Blue/purple	Late summer/ fall	Sun, part shade	Average, wet	https://plantfinder.nativeplanttrust.org/plan t/Symphotrichum-novi-belgii	Fall pollen and nectar source; attracts songbirds; drought tolerant
Thalictrum pubescens	Tall meadow rue	Pale purple	Summer	Sun, part shade	Average, wet	https://plantfinder.nativeplanttrust.org/plan t/Thalictrum-pubescens	Can reach 8'-10' if planted in full sun; deer and rabbit resistant

Tiarella cordifolia	Foamflower	White	Spring	Part shade, shade	Average	https://plantfinder.nativeplanttrust.org/planet/Tiarella-cordifolia-var-cordifolia	Groundcover; rabbit resistant
Verbena hastata	Blue Vervain	Purple	Late summer/fall	Sun	Average, wet	https://plantfinder.nativeplanttrust.org/planet/Verbena-hastata	Long bloom time; naturalizes well in moist areas; fragrant
Vernonia noveboracensis	New York Ironweed	Purple	Late summer	sun, part shade	average, wet	https://plantfinder.nativeplanttrust.org/planet/Vernonia-noveboracensis	Important late summer/fall pollen and nectar source; seeds attract songbirds; grow to 6' with adequate sun; deer and rabbit resistant
Veronicastrum virginicum	Culver's Root	White	Summer	Sun, part shade	Average, wet	https://plantfinder.nativeplanttrust.org/planet/Veronicastrum-virginicum	Host plant for the Buckeye Butterfly; deer and rabbit resistant
Zizia aurea	Golden Alexander	Yellow	Spring	Sun, part shade	Average, wet	https://plantfinder.nativeplanttrust.org/planet/Zizia-aurea	Host plant for Swallowtail Butterflies; attracts small beneficial bees and wasps (non-stinging)